





## Behavioral Support

**Several years ago...** CSCL was the first agency to receive training in a policy hot off the press from CLBC. Behaviour Support and Safety Planning highlights best practices for service providers with respect to providing positive behaviour supports or PBS.

**CSCL began developing a PBS model over 3 years ago...** we found the best way to learn about PBS was through a Capacity Building process, which is a multi-disciplinary, evidence-based transformation of behavioural support expertise from the behaviour professional to those that provide direct services. The goal is to ensure that we, the service provider, can recognize and respond to difficult, unconstructive or serious behaviours early enough to prevent critical or unsafe behaviours from developing.

**PBS is not just an intervention...** it is part of a framework of systems that work together to support a person to have a great life full of choice, self-advocacy, and empowerment. The PBS approach begins with a philosophy of person centered planning that is done with an individual receiving supports and their close network to build a good quality of life. A plan begins with a profile of an individual; their likes and dislikes, day to day things that influence their behaviour, and their preferred style of learning, etc. Then the function of the behaviour is identified and the unconstructive behaviour defined along with the purpose, meaning what the person gets by using that behaviour.

**The plan evolves into strategies** for family, staff, and caregivers to support the individual through the behaviours and to teach replacement, constructive behaviours. We have developed PBS Monitoring and Mentoring Teams to support staff to learn the philosophy, and implement safe strategies.

**James** is one of the first people we've supported through the PBS process, in conjunction with CBI Consultants. James enjoys a life full of people he loves and has many opportunities to build connections in his community.



# Meet Rachael D'Silva



**Rachael D'Silva is CSCL's new Associate Director for Human Resources currently filling in for Corrie Webb while she is on leave.**

*"I'm thrilled to be a part of CSCL. The organization aligns with my personal values of acceptance, connection and inclusion and I*

*always believe in putting people first. As a young girl, it was always important to me that people were treated fairly and respectfully. I believe the role of Human Resources is to be supportive and help the organization provide the best services. My background and education is in Human Services so I am thankful to be able to apply*

*what I know best. I have already seen a few of the services and I am really impressed from what I have seen so far. People seem well-connected and happy to be doing what they are doing. Although I am sure there are challenges, I always believe there is always a way - with enough time - things will be right."*

## Wellness Corner

"The Wellness Committee encourages you to get outside and be active. We are lucky to have an abundance of outdoor options right at our doorstep. Don't forget to stay hydrated, put on a hat and wear your sunscreen.

Now get out there, and be well."

- Kami



# Art Exhibit

# OPEN DOOR



## **CSSL once again hosted an “Open Door” art exhibit.**

The exhibit took place at the O'Connor Art Gallery (Chilliwack Cultural Centre) and ran for 5 days in June. “It’s a fun event and a great opportunity for local artists to show their stuff,” said Elan Nootebos, one of the organizers, “Thank you to all the wonderful Art Club participants, families and staff that supported the exhibit to celebrate the hard work of our enthusiastic and talented artists.

They all felt so proud and accomplished. Thank you to all the staff that made this event possible through your hard work and commitment.”



## CSCL Featured Service: “Outreach Services”



CSCL’s Outreach Services consist of the Explore, Independent Living and Supported Living service models. Outreach will be introducing 2 new services in the Fall. *Photo: Individuals and Staff of Explore*

Outreach Services offers opportunity for individuals to expand and develop their personal goals through the support of a 1:1 support worker or mentor. It is important that each individual identify what goals they would like to develop upon or near commencement. The vision of the service is to build life skills around the changing needs of the individual, create a flexible program unique to the individual’s learning style,

and to incorporate teaching, coaching and mentoring life skills necessary for successful living. Outreach also recognizes that personal development is an ongoing process and to support each individual on their journey towards being interdependent members of their community. The 3 Pillars of Service have always been: a) 1:1 Support, b) Goal-Focussed while c) using Community Based resources.

## CSCL History

### “On The Sixes”

1956 – Four acres on sunshine drive were gifted to the Society by the Carter Family

1966 – The Sunshine Drive School opened; constructed by Ministry of Education, but funded/operated by the Society

1976 – The Society was offered the Knights of Columbus Bingo at the Forrester’s Hall on Vedder Road. Each week 12 volunteers (families, board members, staff) operated the Bingo. The significance of this weekly Bingo was the all-volunteer team and it provided the means to extend our reach, increasing service to about 32 people at the OC and Woodshop.

1986 – Institutions in BC implemented a no-child-admission policy

1996 – October 21, 1996 – the last institution in BC closed its doors

2006 – Matt Mackay (individual served by CSCL) and the Board president reached the summit of Mt. Kilimanjaro as part of BCACL’s “Climb for Community Living”! CSCL Purchased the Alexander Apartment Building

2016?

# Staff News!

## Boot Camp

CSCL held its first-ever week-long orientation or "Boot Camp" this summer to help welcome in new employees covering for this busy time of year. Many thanks to everyone that attended and "persevered" through this intense set of training modules.

## New Managers

CSCL would like to welcome three new managers to the team in Kami Edwards (Hipwell), Natalie Smith-Klassen (ACE) and Dan Cerella (HomeShare). Kami is Hipwell's new permanent manager while Natalie and Dan are covering for leaves.

## Jan Legere

As many of you know, Jan announced her retirement recently after being with CSCL for over 9 years - most recently as the manager of Bordas. CSCL wishes Jan all the best in all her future endeavours.

# Shaaron Enright

*CSCL is very pleased to announce the promotion of Shaaron Enright to the position of Administrative Coordinator.*

Shaaron's efforts and her broad knowledge assist everyone associated with CSCL! The Society is so grateful for the vast number of things she organizes and coordinates on a daily basis, ensuring people get what they need so that everything runs smoothly. CSCL is very grateful to Shaaron for her



commitment, demonstrating how much she cares about everyone and everything she does. Shaaron has been with the Society for over 25 years so this is truly deserving for a true CSCLer. Congratulations, Shaaron, and thank you from all of your fellow CSCLers!

# Social Capital

*An excerpt from "The Critical Nature of Social Capital" by Dr. Al Condeluci, PhD.*

Over the past 25 years researchers have been looking closely at the potency of social capital on health and happiness. Study after study have been conclusive that the more social capital an individual has, the less sick days and sad days they experience. A study done in Alameda County California (Berkman & Syme, 1979) found that healthy adults who were more socially integrated with deeper forms of social capital such as wives/husbands/partners as well as with close friends and associates were more likely to still be living nine years

post study than others who were less connected. Twenty years later (Berkman & Glass 2000) found that the more social capital the greater the survival from heart attacks, less risk for cancer recurrence, less depression/anxiety, and less severe cognitive decline with aging. Similar studies over the same timeframes found that social capital predicts who is resistant to illness and, that social isolation (the lack of social capital) actually causes disease. The fact that social capital keeps us safe, sane and secure cannot be understated.



# ShareVision 4

7

*ShareVision 4 is a website infrastructure that provides places to capture and share ideas, information, communication, and documents.*

After over a year of development, CSCL's ShareVision Working Group (photo) was proud to roll-out the first of three phases on July 1, 2016. "It's been a fun but intense experience making sure the database delivered on what people were asking for," explained Project Lead, Jeff Gilbank. "Today's expectations about online user experiences are



different from what they were 10 years ago and as a team we wanted to ensure we were up-to-speed. We had a lot of suggestions and I think we addressed most of them." For the time-being, CSCL will be operating two databases (what's now known as the new and old) but all operations will cease in the old version on December 31, 2017.

## CSCL Board Update

*In addition to their regular business, CSCL's Board of Directors had a busy spring this year.*

Property planning, workshop participation and preparing for the Society's Annual General Meeting were all on the agenda. The AGM preparation involves meeting with and nominating prospective board members and reviewing and approving the audited financial statements. These items were brought forward to the AGM. A crowd of about 60 members, staff, individuals, family and board members gathered at the Coast Hotel on June 7th at 7pm for a relatively quick business meeting followed by refreshments and socializing. Board Members serving for the 2016/17 year are: Brent Tolmie, Lois Mazuren,

Jeannine Walsh, Bev Keswick, Barb Wallace-Jesson, Ron Laser, Teri Voss, Lori Hockin, Tori Long, Sarah Bried and Michelle Mitchell. The newly formed board held their first meeting on June 20th and elected the following as the Executive Committee: Brent Tolmie (President), Lois Mazuren (1st Vice-President), Bev Keswick (2nd Vice-President), and Jeannine Walsh (Secretary/Treasurer). The Membership/Nominating committee, Finance Committee and Property Planning Committee were also named. The Board takes a short break over the summer months and will commence its monthly meetings again in September.

# Summer at CYS

## Summer at CSCL's Children & Youth Services kicks off with 3 programs to chose from:

Summer'Scapes is for ages 6-12, Summer Teen is for 13-18 years old and Summer Hope is for 6-18 years old in the Hope area only. Individuals will be participating in various activities from cooking to gardening to learning about film and making movies, to exploring nature. Children/youth will enjoy swimming or field trips every Friday such as the waterslides, fish hatchery, and the Vancouver zoo. Our individualized services will be working hard, volunteering in the community and partnering with the YMCA youth Works program. Some of our youth will be attending our WOW event which is a Squamish Nature Adventure; exploring the Chief via the sea to sky gondola and walking over the suspension bridge while exploring the mountain top. August 26th we will be having a yearend sports day and BBQ for all children, youth and families to attend.

# CSCL By The Numbers:

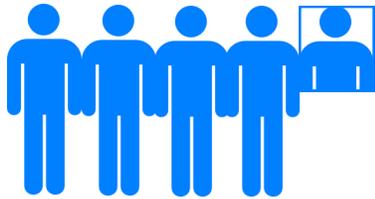
# 1 2 3

As of July 1, 2016

# of  
Individuals

Supported:

# 434



40%



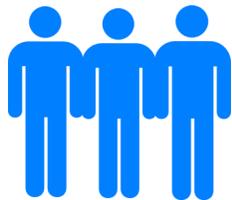
60%



0-18	19-29	30-49	50-64	65+
29%	34%	22%	12%	3%

# of  
Employees:

# 319



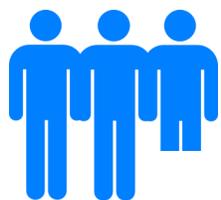
Serving Communities in:

- Chilliwack
- Sardis
- Hope
- Yarrow
- Agassiz
- Harrison
- Deroche
- Greendale
- Cultus Lake
- Sunshine Valley



# of  
Active  
Caregivers:

# 343



# CSCL Reports

## Measuring Up!

A random survey of progress updates from CSCL's official Plans and Reports:

## COR Action Plan:

**Issue:** Investigations are not being conducted in a timely manner and there are some examples of investigations not being conducted at all.

**Solution:** Increase the OH&S membership to help manage current workloads.

Recommend an Investigation Report be devised by the H&S committee and forwarded to Leadership every month to ensure follow up.

**Issue:** Near Miss incidents are not being reported on a consistent basis.

**Solution:** Recommend CSCL add to its existing policy - HS007I ACCIDENT/INCIDENT and OCCUPATIONAL DISEASE INVESTIGATION - to include language regarding Near Misses. CSCL should ensure policy and forms are put in place for recording "near miss" incidents.

CSCL is

**100%**

**Non-Profit**

**17**

**Services**

**53**

**Program  
Options**

## ONLINE PRESENCE:



**738 Likes**



**516 Followers**



**140 Followers**



## In Memory



### *Anne Lorimer*

As a young child Anne attended CSCL's Sunshine school and then in the 90's lived independently accessing the Tenant support program and supported employment. She was recently connected with CSCL through HomeShare. Anne enjoyed living with her caregivers Adel & Dale Klassen for 6 years. "Some of our favorite memories with Anne come from our yearly camping trips, recalled Adel, "Who knew that she liked sleeping in a tent? She loved sharing the backseat with Bandit, our dog. One summer we got Anne on the boat. Her favourite thing was watching Dale on his wake board and laughing when he fell off. She thought it was hilarious and would tell everyone back at the campsite about it." Anne passed away unexpectedly on April 10, 2016. She is sadly missed by her family, caregivers and friends.



### *Jane Clegg*

Jane Clegg was with CSCL since her early teens in a variety of programs including respite. She lived at Taylor house and then moved to Bordas in 1992. Jane loved crafts, puzzles, knitting and was a participant in the Knit and Natter group in Chilliwack. Jane was very social and loved parties, celebrations. One of her favourite pastimes was to enjoy a pot of tea on her patio with friends. Jane became very ill suddenly and passed away on June 22, 2016. She will be fondly remembered and sadly missed.



### *Ronald Watson*

Although Ron was with CSCL for a short time he made a big impact on those he connected with. Ron, his roommates and his caregiver transferred from CLBC as a direct HomeShare to CSCL's HomeShare service in February of 2014. Ron enjoyed many activities in community; going out for coffee, spending time with family, celebrating birthdays and holidays. Ron passed away unexpectedly on May 21, 2016. His warm smile and demeanor will never be forgotten.

# Coming Events...



## Party in the Park

CSCL is at Party in the Park July 8, 15, 22, and 29. July 8th we featured Lori Eckstein's handiwork! July 15th Jump club was there, and July 22 and 29th you can show your support to Kyle and Daryl by checking out their art.



## Summer-Scapes

**Register now for a summer full of fun and friends**

Children can be registered for a few days each week, or for a few full weeks during the months of July and August. There's still room left, so register your kids now!

Chilliwack Society  
for Community Living  
est. 1954

Stew Cook Off  
Big Green Challenge

## Big Green Challenge

### Spring & Summer Months

The BIG Green Challenge is back! CSCL's Green Committee started the Stew Cook Off on Earth Day - April 22, 2016 but it's not too late to join in on the fun! Check out the details!



## October is Community Living month

Community Living Month is a time when communities around the province and across Canada host events to celebrate the abilities and achievements of people with developmental disabilities.



## Community Living Event

**Saturday, October 1, 2016**

CSCL will be hosting its' annual Community Living Event at Tzeachten Hall. Look for tickets will go on sale in mid-August.

CSCL  
iConnect

## iConnect Conference

**Monday & Tuesday, October 24 & 25, 2016**

CSCL will be conducting its' annual staff conference over a two day event. More information and details to be announced at a later date.



## CSCL's Winter Gala

**Saturday, November 26, 2016**

CSCL will be hosting a celebration for all CSCL employees to attend at the Harrison Hot Springs Resort Hotel. Tickets will be limited so get yours quickly when they become available.

# Case & Point

## “CSCL Presents at the 21st Annual CASE Conference”

CSCL’s executive director, Julie Unger and two board members, Ron Laser and Teri Voss were presenters at the 21st Annual National Conference on Supported Employment, held in Edmonton from June 14th to 16th.

Their well-attended presentation focused on using employer recognition events to promote and effectively brand our supported employment work. Julie presented an overview of successful employer events in Chilliwack. Ron and Teri spoke from the perspective of inclusive



From left to right:  
Teri Voss, Ron Laser and Julie Unger at  
the Canadian Association for Supported  
Employment conference

employers and the value of employer recognition events. In addition to being board members Ron is owner of Decades Coffee Club and Teri is a District HR Manager for Home Depot. The perspectives of both a small business and a large corporation were impactful in supporting the value of ongoing recognition of inclusive employers. CSCL is extremely thankful to both Ron and Teri for taking time from their businesses to travel to and present in Edmonton with us! CSCL can be proud of its representation at the CASE conference and for messaging that Chilliwack is a very inclusive community.

### Chilliwack Society For Community Living

Supporting adults with developmental disabilities, children and youth with special needs and their families since 1954.

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[www.csclworks.org](http://www.csclworks.org)

*“Our Vision is for a community  
that welcomes and includes  
everyone.”*



Follow us on Social Media:



### Your Voice!

Many thanks to Julie Unger, Rachael D’Silva, Ellen Peters, Rene Atkinson, Elan Nootebos, Nicola Ackerman, Mary-Lee Tondreau and Brenda Alexander for their contributions to this edition.

Do you have something to say?  
Let’s hear from you!

Please contact Jeff Gilbank at [jeff.gilbank@cscl.org](mailto:jeff.gilbank@cscl.org) for your comments, editorials, and/or newsletter ideas.